

## Zoe Gabrielle Webster

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### Education

**Bridgewater College, Bridgewater Virginia** 2022 - 2025

Bachelor of Science in Psychology

Cumulative GPA: 3.81, *magna cum laude*

### Academic & Research Experience

**Mental State Processing and Psychopathology Lab** May 2025 - Present

Virginia Polytechnic Institute and State University, Department of Psychology

Research Assistant, PI: Chloe C. Hudson, Ph.D.

- Facilitate participant sessions for a large-scale research study examining the ontology of theory of mind and social cognition.
- Administer standardized behavioral assessments and ensure consistent implementation of study protocols across participants.
- Train undergraduate research assistants in the administration of assessments for behavioral experiments.
- Identify and correct diagnostic errors on the Structured Clinical Interviews for DSM-5 Disorders.
- Transcribe and systematically organize participants' responses on social cognitive task for subsequent coding and analysis.

### **MacDougall Lab**

August 2024 - March 2025

Bridgewater College, Department of Psychology

Research Assistant, PI: Elizabeth E. MacDougall, Ph.D.

- *A Walk Down Memory Lane Reminiscence Therapy*
  - Contributed to the conceptualization and development of a reminiscence therapy intervention for older adults with dementia, integrating spirituality to address identified gaps in the current literature.
  - Exhibited rapport-building and advanced therapeutic communication skills through mock intervention sessions in preparation for group therapy sessions.
  - Assisted in developing IRB protocols and ethical guidelines to ensure the protection of research participants.
  - Acquired training in clinical intervention methodologies and procedures for the implementation of group therapy.
- *A Systematic Review of the Fear of Negative Evaluation Scale*
  - Designed and preregistered a systematic review protocol to examine the psychometric properties of the Fear of Negative Evaluation (FNE) Scale and its short forms.
  - Conducted comprehensive database searches (PsycINFO, PubMed, ERIC, Google Scholar, ProQuest), systematically applied eligibility criteria, and meticulously documented inclusion and exclusion decisions.

- Evaluated the reliability, validity, and cross-cultural adaptations of the FNE based on established psychometric frameworks.
- Utilized PRISMA, COSMIN, and PROSPERO guidelines to ensure methodological rigor and transparent reporting.
- Managed references, documentation, and collaborative records in preparation for future publication.

## **Clinical Experience**

**Psychological Services Center, Virginia Tech, Blacksburg Virginia** September 2025 - Present  
Clinical Assistant, PI: Dr. Adrienne Means-Christensen, Ph.D.

- Record detailed feedback provided to clinical psychology doctoral students during weekly three-hour group supervision meetings.
- Produce formal reports summarizing treatment planning, intervention strategies, and client progress for program records.
- Observe recorded individual and group therapy sessions, gaining exposure to clinical assessment, therapeutic modalities (acceptance and commitment therapy, cognitive behavioral therapy, interpersonal psychotherapy), and intervention techniques.

**New River Valley Community Services, Blacksburg Virginia** May 2024 - August 2024  
KPACT Youth Mentor

- Mentored children and adolescents with severe mental health diagnoses at high risk of out-of-home placement.
- Provided direct coaching, behavioral modeling, and psychoeducation to clients and families.
- Actively engaged with clients in structured activities tailored to their treatment plans, fostering therapeutic relationships through consistent presence and open attitude.
- Collaborated with multidisciplinary clinical staff and family assessment teams to monitor clients' progress.
- Collected behavioral data and contributed to summaries of client progress towards goals, safety concerns, and recommendations for ongoing services.
- Implemented and taught practical coping strategies (emotion regulation, redirection during crisis episodes, and de-escalation techniques).
- Maintained detailed documentation of client interactions, crises, and improvements, and communicated relevant observations and updates to clinical supervisors and families.

## **Honor & Awards**

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| • Dean's High Honors List                                | 2022 - 2025 |
| • Bridgewater College Academic Scholarship               | 2022 - 2025 |
| • PSI CHI International Honor Society in Psychology      | 2023 - 2025 |
| • Chi Alpha Sigma National College Athlete Honor Society | 2022 - 2025 |
| • Philomathes Honor Society in the Pursuit of Knowledge  | 2024 - 2025 |

## **Clinical Certifications**

CPR & First Aid Certified 2022 - present

### **Skills & Interests**

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Microsoft 365, JASP, PRISMA, REDCap, Data management, literature review, photography, pottery, floral design, strategic thinking & planning

### **Volunteer Experience**

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Team Outreach, Bridgewater Women's Soccer

2022 - 2025

- Organized and participated in community engagement events with older adults at Bridgewater Retirement Community