

Nadia Boggs

Blacksburg VA 24060

bnadia@vt.edu

703 - 832 - 2851

Education

Virginia Tech

B.A. Psychology

Minor: Adaptive Brain Behavior

Cumulative GPA: 3.85

Expected Graduation date: Spring 2027

Skills and Certifications

- Mental Health First Aid Certified (MHFA) |January 2026|
- Intermediate American Sign Language |7 years|

Experience

CONNECTION AND BELONGING AMBASSADOR |Spring 2026 - Present|

- Tabling to get students connected with The Connection Project
- Facilitating work shops
- Giving presentations
- Collaborating with other communities on campus to help grow and integrate connection

TRANSFER PEER MENTOR |Fall 2026 - Present|

- Serve as a mentor for new transfer students
- Get mentees connected with campus resources
- Provide as a guide for other students with a shared experience

ELEVATED MINSET THERAPY INTERN |Summer 2026|

- Working alongside a Medical Mental Health Therapy Clinic
- Created a portable retractable banner
- Completed various fillable PDF files for new client intake forms
- Carried out efficient communication within the practice
- As well as communication to the public to advertise and attract new clientele

CONNECTION PROJECT FACILITATOR |Spring 2026 - Present|

- Facilitating group discussion with College Students
- Focusing on emotional and social well-being

- Focusing on decreasing loneliness, covering deeper topics of conversations and helping breach the vulnerability gap

Club/Organizations

LAMBDA IOTA MU |Spring 2026 - Present|

- All Inclusive Environmental Conservation Fraternity/Sorority
- Focused on, community service, environmental conservation and engagement
- Completion of a minimum 20 hours of service per semester

ASL CLUB MEMBER/OUTREACH COORDINATOR |Fall 2025 - Present|

- Create different forms of outreach such as posters, tabelings, and advertisements
- Encourage students to join and participate in ASL club.
- Meet and practice American Sign Language and learn about the Deaf community
- Get in contact with other

VDR (Vendant De la Rue) |Fall 2025 - Spring 2026|

- Students led fashion and modeling organization

Volunteer/Other Involvements

Student Involvement Panel |September 2026|

- Spoke to students coming into the Psychology major.
- Provided them with resources on how to get involved within the psychology major

ECCA (Engagement Center for Creative Aging) |Fall 2025 - Spring 2026|

- Program for older adults with various forms of dementia and neurocognitive disorders
- Promoting cognitive and social engagement to increase well being and longevity
- Learned various ways and practices that promote mortality and well being in order for individuals to age in a healthy holistic way

Honors and Awards

- Deans List - Fall 2025 and Spring 2026
- Tau Sigma Honors Society - National Honors Society for Transfer Students
|January 2026 - Present|