

Evangeline Barras

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EDUCATION

Bachelor of Science in Psychology

May 2027

Virginia Tech

GPA: 3.93 /4.00

Minor: Adaptive Brain and Behavior

In Major : 4.00 /4.00

Relevant Coursework: Principles of Psychological Research, Introductory Psychology, Developmental Psychology, Abnormal Psychology, Neuroscience of Behavior, Fundamentals of Behavior Decision Science, Integrative Health Practices, Social Psychology, rest in progress...

RESEARCH EXPERIENCE

Center for Applied Behavioral Systems

January 2026 – Present

Virginia Tech, Blacksburg, VA

Role: Undergraduate Research Assistant

Principal Investigator: E. Scott Geller, Ph.D.

- Participated in over 39 hours of collecting data and completing required summary and reliability sheets.
- Leading 1 research project - Bagless Blacksburg: the aim of this project is to reduce the number of plastic bags used in grocery stores in Blacksburg. This project is incorporating positive interventions to increase the occurrence of environmentally responsible behavior.
- Participate in fundraising events for project materials and participant compensation.
- Participated in weekly meetings to discuss ongoing projects, identify opportunities for improvement, and stay informed about current developments and research within the broader psychology community.

Mental State Processing and Psychopathology Lab

January 2026 – Present

Virginia Tech, Blacksburg, VA

Role: Undergraduate Research Assistant

Principal Investigator: Chloe Hudson, Ph.D.

- Contribute to approximately 8-9 hours per week to the Mental State Processing and Psychopathology studies.
- Participate in running participants through various study trials, assisting with data collection procedures, and supporting day-to-day lab operations.
- Explored the project “Re-evaluating the Correlation Between Theory of Mind and Internalizing Psychopathology: The Mediating Effects of Social Desirability Bias” alongside my research partner and led by Chloe Hudson.
- Attend bi-weekly lab meetings to discuss study progress, research methods, and ongoing projects.

Orion Living Learning Center

January 2025 - May 2025

Virginia Tech, Blacksburg, VA

Role: Undergraduate Researcher

Principal Investigator: Temperance Rowell, Ph.D.

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- Formed the research question (How does neuroticism in pet owners affect domestic dog behavior?) and created a form with a variety of questions, using the Likert Scale, that could be taken by pet owners around the Virginia Tech campus.
 - Analyzed the data by comparing the correlation of traits for neuroticism (e.g. isolation, anxiety, depression, and emotional instability) between dog owners and their pets.
 - Compared traits of neuroticism and its relations with domestic dog behavior, as reported by the owner.
 - Created a research poster and presented our research process and findings to the class.

RELEVANT EXPERIENCES

RAFT Crises Hotline

September 2025 – Present

New River Valley Community

Role: Paraprofessional Counselor - Volunteer

- Provide suicide and crises intervention, empathy and support, and mental health and substance abuse information and referrals.
- Serve the counties of Montgomery, Floyd, Giles, Pulaski, and the city of Radford (including VT and Radford University).
- Complete at least one 2-hour shift weekly (with an addition of weekend and/or overnight shifts), plus a monthly volunteer meeting, and annual outreach and fundraising events.
- Document caller information and call details accurately while identifying and providing appropriate resources, including clinician referrals and connections to local support services, such as the Women's Shelter.

Sailing Club

August 2024 – Present

Virginia Tech, Blacksburg, VA

Role: Vice President

- Lead club meetings and sailing practices weekly.
- Organize the technical aspects of running a student organization, including planning recruitment events (such as our participation in Gobbler Fair), and keeping our club certified within the University.
- Handle the communication and engagement of over 60 members each semester.
- Attend monthly meetings with the Executive Council to discuss club funds, the purchasing of new equipment (such as new boats), club merch, and upcoming events/regattas.

Orion Living Learning Community at Virginia Tech

August 2025 – May 2026

Virginia Tech, Blacksburg, VA

Role: Peer Mentor

- Facilitate meaningful conversations with a group of first year students in a peer mentor group about STEM, as well as the Virginia Tech community.
- Provide both emotional and academic guidance for the group of first year students.
- Facilitate bi-weekly meetings for both the Fall and Spring semesters.
- Create the LLC newsletter and plan community events for the first year students.

POSTER PRESENTATIONS

Brooks, B., Barras, E., Sloss J., Romer, A. Hudson, C., 2026. Re-evaluating the Correlation Between Theory of Mind and Internalizing Psychopathology: The Mediating Effects of Social Desirability Bias. Russel Jones Poster Session. April 2026.

Brooks, B., Barras, E., Sloss J., Romer, A. Hudson, C., 2026. Re-evaluating the Correlation Between Theory of Mind and Internalizing Psychopathology: The Mediating Effects of Social Desirability Bias. Dennis Dean Undergraduate Research and Creative Scholarship Conference. April 2026.

CLUBS & ORGANIZATIONS

Pi Beta Phi Panhellenic Sorority, <i>Virginia Tech</i>	Jan. 2025 - Present
Sailing Club, <i>Virginia Tech</i>	Aug. 2024 - Present
Center for Applied Behavior Systems, <i>Virginia Tech</i>	Jan. 2026 - Present

PROFESSIONAL AFFILIATIONS AND ORGANIZATIONS

2023 - Present	U.S.A Sailing Member/Licensed Level 1 Small Boat Instructor
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HONORS & REWARDS

2026 – 2027 Academic Year	Mary Nolen Blackwood Scholarship, <i>Virginia Tech</i>
Fall 2024	College of Science Dean’s List, <i>Virginia Tech</i>
Spring 2025	College of Science Dean’s List, <i>Virginia Tech</i>
Fall 2025	College of Science Dean’s List, <i>Virginia Tech</i>
Spring 2026	College of Science Dean’s List, <i>Virginia Tech</i>

RELEVANT SKILLS & TRAINING

Relevant Skills:	• Extensive training in Paraprofessional Counseling: Crises response for situations involving depression, suicide risk, panic attacks, abuse, and other high-risk concerns • Document crises caller information and call details accurately using software such as QUALIFACTS, Credible. • Experience using the software REDCap and the Sona Experiment Management System.
Relevant Research Trainings and Certification:	• CITI Social and Behavioral Research • CITI Information Privacy and Security (IPS); IPS and HIPAA