

ANNA DUBREUIL

Virginia Polytechnic Institute and State University • Blacksburg, VA • annaedubreuil2006@gmail.com • 434-818-3600

EDUCATION

B.S. in Psychology and Statistics

Virginia Polytechnic Institute and State University

- Minor: Adaptive Brain and Behavior
- Academic focus: Clinical Psychology

Phillips Exeter Academy

Special Study Program

- Studied Neuroscience and Biology
- Received Honors; Special Operations Fund Recipient

RESEARCH EXPERIENCE

Undergraduate Research Assistant

RAICES Lab, Virginia Polytechnic Institute and State University — PI: Dr. D. La Barrie

- Conduct statistical analyses examining ethnic-racial socialization, discrimination, identity, and psychosocial outcomes among Latinx populations.
- Developed and presented a focused research project examining how experiences of race-based discrimination are associated with self-esteem among Latinx undergraduate students.
- Analyzed the relationship between race-based discrimination and self-esteem and interpreted findings within the broader context of Latinx student well-being.
- Collaborate with lab members on research examining ethnic-racial socialization and related psychosocial experiences across developmental stages.

Undergraduate Research Assistant

Mental State Processing and Psychopathology Lab — PI: Dr. C. Hudson

POSTER PRESENTATIONS

- Kersey, L., Lash, E., **Dubreuil, A.**, Pazuki, N., Bee, A., & La Barrie, D. L. (2026, April). Generational differences among Latinx emerging adults ethnic-racial socialization. Poster presented at the Virginia Tech Dennis Dean Undergraduate Research and Creative Scholarship Conference, Blacksburg, VA.
- **Dubreuil, A.**, Bee, A., Kersey, L., Lash, E., Pazuki, N., & La Barrie, D. L. (2026, April). Under the skin but on the mind: How experiences of race-based discrimination are associated with self-esteem in Latinx undergraduates. Poster presented at the Virginia Tech Dennis Dean Undergraduate Research and Creative Scholarship Conference, Blacksburg, VA.
- Pazuki, N., Bee, A., **Dubreuil, A.**, Kersey, L., Lash, E., & La Barrie, D. L. (2026, April). Educational discrimination stress among first-generation and continuing-education Latinx college students. Poster presented at the Virginia Tech Dennis Dean Undergraduate Research and Creative Scholarship Conference, Blacksburg, VA.

ACADEMIC, TEACHING & SERVICE EXPERIENCE

NAMI NRV Intern

NAMI New River Valley

- Create and schedule engaging social media content using Canva and Meta Business Suite to promote mental health awareness, community resources, and local NAMI events.
- Curate and share evidence-based content from NAMI and partner organizations while supporting community engagement through digital outreach and advocacy.
- Attend community advocacy events to promote mental health awareness, connect individuals with local resources, and support NAMI NRV outreach initiatives.

Teaching Assistant — PSYC 1024: Pathways Through and Beyond the Psychology Major

Virginia Polytechnic Institute and State University

- Support first-year psychology students in their transition to Virginia Tech and the Psychology Department.
- Facilitate student panels that connect students with academic resources, involvement opportunities, and pathways within the psychology major.
- Supervise approximately 30 students, monitoring coursework completion through Canvas and conducting individual Zoom check-ins.

Mentor

College Mentors for Kids, Inc.

- Provide one-on-one mentorship to elementary students through structured activities that encourage them to explore their interests, build confidence, develop new skills, and engage positively with learning.

RESEARCH & TECHNICAL SKILLS

Statistical Analysis: R / RStudio, SPSS

Research Areas: Clinical psychology, adolescent anxiety, ethnic-racial socialization, identity development